

WES September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: Cereal Toast Fruit Milk			1 Hamburger Casserole Green Beans Roll Pears	2 Chicken Wrap Green Beans Watermelon Cookie	3 Chicken Fried Steak Mashed Potatoes Cucumbers Roll Cantaloupe	4
5	6 No School	7 Burritos Rice Corn Applesauce	8 Pork Choppette Mashed Potatoes Green Beans Watermelon Roll	9 Hamburger French Fries Pickle Spear Cantaloupe	10 Tater Tot Casserole Green Beans Peaches Cookie	11
12	13 Chicken and Noodles Mashed Potatoes Peas Roll Mandarin Oranges	14 Taco Salad Corn Pineapple	15 Chicken Nuggets French Fries Carrot Sticks Roll Rosy Applesauce	16 Steak Fingers Mashed Potatoes Corn Roll Peaches	17 Spaghetti and Meat Sauce Breadstick Green Beans Peas	18
19	20 Barbeque Meatballs Oven Roasted Potatoes Green Beans Roll Peaches	21 Grilled Chicken Pattie Smiles Carrots Rosy Applesauce	22 Pizza Burger Corn Pears	23 Chicken Strips Catalina Blend Vegetables Mashed Potatoes Roll	24 Sloppy Joes Broccoli and Cauliflower French Fries Brownie	25
26	27 BBQ Ribs French Fries Corn Apples	28 Beef and Noodles Peas and Carrots Roll Mandarin Oranges	29 Chef Salad Texas Toast Peaches	30 Lasagna Green Beans Garlic Bread Pears		 Milk is served daily.