

WHS 2020 Breakfast SEPT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Sausage Cheese Bagel Cereal Fruit Juice/Milk	2 Long Johns Muffin Cereal Fruit Juice/Milk	3 Mini Pancake wraps Granola Fruit Juice/Milk	4 Bk Burrito Cereal Muffin Fruit Juice/Milk	5
6	7 NO SCHOOL	8 Pop Tart Cereal Bar Muffin Fruit Juice/Milk	9 French Toast Sticks Muffins Fruit Juice/Milk	10 BK Burrito Granola Bar Cereal BAR Fruit Juice/Milk	11 Cherry Frudel Cereal Fruit Juice/Milk	12
13	14 Cereal Muffin Fruit Juice/Milk	15 Sausage links Granola Bar Muffin Fruit Juice/Milk	16 Cherry Frudel Cereal Fruit Juice Milk	17 Long Johns Cereal Bar Fruit Juice Milk	18 Pancake on a stick Muffin Fruit Juice Milk	19
20	21 Pop Tart Cereal Bar Fruit Juice Milk	22 French Toast Sticks Cereal Fruit Juice/Milk	23 Sausage cheese Bagel Cereal Fruit Juice/Milk	24 Bk. Burrito Pop Tart Fruit Juice Milk	25 Mini Sausage wraps Cereal Fruit Juice/Milk	26
27	28 Cereal Muffin Pop Tart Fruit Juice Milk	29 Long Johns Cereal Bar Fruit Juice Milk	30 Pancake Wraps Granola Bar Fruit Juice Milk			

WHS 2020 Lunch SEPT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Quesadilla Pizza Cooked Carrots Fruit Milk	2 BBQ Lil Smokies Cooked Broccoli Bread Stick WG FISH Crackers Fruit/Milk	3 Hamburgers Baked Beans French Fries WG Fish Crackers Fruit/Milk	4 Steak Fingers Corn/Roll Mashed Potatoes Fruit Milk	5
6	7 NO SCHOOL	8 Sloppy Jo Sndw. Cooked Carrots Tri Tater WG Fish Crackers Fruit/Milk	9 Chicken Strips Green Beans Rice Pilaf Fruit Milk	10 Pulled Pork Sndw. Corn WG.Fish Crackers Fruit Milk	11 Hot Dog Baked Beans Sun Chips? Fruit Milk	12
13	14 BBQ Meatballs Mixed Vegies Bread Stick WG Fish crackers Fruit/Milk	15 Spaghetti Corn Garlic Bread Fruit Milk	16 Taco Salad Beans Cheese Sauce Wg.Fish Crackers Fruit/Milk	17 Southwest Chicken Wrap Green Beans Sun Chips Fruit/Milk	18 Ham N Cheese Bagel Cooked Carrots Curley Fries Fruit/Mil	19
20	21 Crispitos Cheese Cooked Carrots Mexican rice Fruit/Milk	22 Chicken Nuggets Cooked Cauliflower Bread Stick Fruit Milk	23 Goulash Corn Bread Stick Fruit Milk	24 Kicked Up Totchos Mixed Vegies WG Fish Crackers Fruit Milk	25 Breaded Chicken sndw Cooked Broccoli Tri Tater Fruit/Milk	26
27	28 Turkey Sandwiches Cooked Broccoli Sun Chips Fruit/Milk	29 Pasta Bake Mixed Vegies Bread Stick Fruit Milk	30 Steak Fingers Green Beans Roll Fruit Milk			